



# GITELCARE

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## **ELITE PHYSICAL** One Month Program

Services: Annual wellness exam, comprehensive bloodwork and testing, diet and lifestyle modification recommendations, medication authorizations, and specialist referrals.

\$700 (\$550 Summer Special)

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## **TRANSFORM 360** Four Month Program

Services: 16-week plan with medication management, diet, fitness and behavioral support coaching, data collection and trend analysis, tailored lifestyle modification approach.

\$2,000 (\$1,600 Summer Special)

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## **EXECUTIVE** One Year Program

Services: Elite Physical and Transform360 plus extensive focus on disease prevention and optimal health, VIP practice access, and one-on-one coaching.

\$7,000 (\$5,500 Summer Special)